

Reframing Reputations

For: Elizabeth Kate

Contributors: Elizabeth Kate, Dad and Mom

What is the reputation? Defiant; doesn't follow directions

- 1. Are there ever circumstances where this can be positive? If yes, what is it called?**

Passionate and independent thinker, decisive, head strong

- 2. Does the "behavior" demonstrate or reflect something that is *important to the person*?**

Independence and usually something that she still wants to do that is important to her, such as hanging out longer, going to the mall, etc but for whatever reason she is either too tired or it just cannot happen at that moment for her for whatever reason. It's important to her to be able to do the things she wants to do and if that just won't work out, then she will become defiant. She lives at home so there are rules that she needs to do as a part of the home routine, such as picking up around the house, and she'd rather be shopping she will act out.

- 3. If the "behavior" truly is negative, what is the support strategy?**

Speak and communication with her in a quiet tone. Remind her that this is just what we need to do in this moment and that we can move on with things that are important to her in a little bit. Or maybe take a break from the things that important to her and then rest and come back to it later. A gentle response to remind her of the task at hand, the responsibilities, and that there are options, and we will get back to what is important to her.

To Further Reframe the Reputation

Then ask...

Given what we have learned:

1. Are there things that are present in the person's life that need to change?

Elizabeth Kate needs to discover more about living on her own. She seems unsure as sometimes she is adamant about leaving and other times (when she spent a couple of nights on her own to see how it work... she wanted her family back). She needs more time with her boyfriend to figure out relationship stuff: how to deal with it when he doesn't call or text her, how to deal with it when she wants to hold hands or hug and he doesn't...not to take it personal.

Environmental changes would include more opportunities to discover and become a more integrated part of the community. Providing more opportunities to pursue what is important to her in the community. E.G .How the person lives; what the person is asked to do; who the person lives with?

Elizabeth Kate wants to live with a roommate...a women around her age with similar likes. She wants a job and is exploring options, but is unsure about how much she really wants to work. She is learning the public transportation system which will give her more opportunities to be in control of what and when she can do stuff that is important to her.

2. Are there things that we need to do differently? I.E. How the person is supported?

Physical and emotional support. Actively seeking opportunities for different living options. She would like to live on her own. She is 22 and she has young siblings and she would like to have a place on her own or with another young adult would help her a lot.