

### Decision Tree – Yours, Mine & Ours

For: Elizabeth Kate

Contributors: Dad and Mom

Areas for decision	Yours (Be specific, who?)	Mine (The person being supported)	Ours (Shared decisions)
Medical care; including providers of medical, procedures, medications to take, etc.	using Cpap machine and taking medications,		CPap machine, sleep and naps
Finances: how to spend money, what to buy with extra money;		She spends her money as she pleases with support to consider saving and getting good deals on what she wants to buy. She is very good at mysteriously forgetting to bring her money when she is with her Dad.	
What services will be accessed-	Transportation (parents); Rachel (support person) supports her in healthy living options. And she would make sure she takes her medicine. She supports her routines that are important for her and to her.		
Who I live with	home duties/rules to be a part of the home community; she has to treat her sisters with respect and negotiate sibling "issues" with them (although this is hard to do with Eleanor who is 2) Grace is 8 and the have to work stuff out around who sits in	Who she wants to be with at home and in her world in community; who she wants to invite over to the house;	

	the front seat of the car, who gets in the bathroom first, etc.		
Daily Living		<p>She made a big choice (at least to her Dad) about her boyfriend; what classes she wants to attend at the independent living center and if/when she is going to volunteer at the rehab center and community theatre. What she wants to wear; what she wants to listen to; the kinds of things she wants to do during the day; the order in how to do her home responsibilities; some of what she wants to eat; daily routine; be in her room; Her Mom, Dad, and Rachael do talk with Elizabeth Kate about the important for: (when to/for is not in balance) truthfully and she makes the healthy decision now. Mom and Dad used to do a lot of telling her no more of this to eat or no more diet coke which really upset her. She would tell us she was upset by screaming at us (Mom and Dad), cursing and sometimes throwing things. It wasn't working for her parents to control what she ate and drank, they learned how to give her back the power around food decisions and talk honestly when her food choices are not in balance with to/for.</p>	<p>What she wants to eat; when to take naps; what she is going to purchase with parents money (ex a new purse); transportation can be a shared decision sometimes, when to take her meds, when can support time with her boyfriend</p>